



# LupusAcademy

Communicate. Educate. Treat.

## About Lupus Academy 2023



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## Lupus Academy Chairs: 2023

The Chairs are rotated on an annual basis by agreement of the Steering Committee.  
This year the Lupus Academy will be chaired by:



**Professor Ricard Cervera**  
Lupus Academy Co-Chair (2023)



**Professor Sandra Navarra**  
Lupus Academy Co-Chair (2023)

## About the Lupus Academy

The Lupus Academy is an independent medical education initiative led by a group of globally-recognised experts in lupus. It is funded through multiple grants, sponsorship and delegate registration fees.

### Mission Statement

The Lupus Academy is a long-term initiative committed to improving patient outcomes in systemic lupus erythematosus (SLE) and allied diseases. By providing a highly interactive educational forum, the Lupus Academy is dedicated to sharing best clinical practice through the dissemination and discussion of cutting-edge scientific and clinical research.

### Short History and Overview of Forthcoming Activities

The Lupus Academy provides engaging, interactive and leading edge education to physicians from around the world. Since 2012, the Lupus Academy has developed over 100 hours of live and enduring accredited CME activities and reached 7000 learners with an interest in lupus.

The Lupus Academy hosts an annual meeting, which serves as the gathering point for the educational programme year, as well as further activities subject to the level of funding we receive. Each year the Lupus Academy has been able to offer further educational activities, such as regional meetings, roadshow meetings, enhancing its library of educational content and CME e-learning, and support for publications. By offering these multiple channels of education, the Lupus Academy Steering Committee ensures that all educational materials it develops are used in ways that can meet the educational needs of as many practicing 'lupologists' as possible and make a difference to the treatment and lives of patients with lupus.

The Lupus Academy currently evaluates all of its educational activities to Moore's Level 4 outcomes (Competence) and is planning on developing practice-based evaluations to assess its educational activities to Level 5 outcomes (Performance).<sup>1</sup> Our education is based on a rolling, needs-assessment process, which identifies the clinical needs we must focus our education on, including effective management protocols for treating lupus manifestations, understanding updates to classification criteria and treatment regimens, and keeping up to date with cutting-edge developments in research and clinical practice.

### Reference

1. Moore, D, Green, J., Gallis, H. Achieving Desired Results and Improved Outcomes: Integrating Planning and Assessment Throughout Learning Activities. Journal of Continuing Education in the Health Professions. Winter 2009; 29: 1-15.

**Figure. Evolution of the Lupus Academy's Educational Activities.**





## Steering Committee

The Lupus Academy is led by a Steering Committee of 12 international specialists in lupus, collectively providing a global view on lupus and best clinical practice. The Lupus Academy Steering Committee is committed to providing education and improving clinical practice through presentation and discussion of cutting-edge diagnostic and management issues relating to lupus.



Professor  
Zahir Amoura  
France



Professor  
Eloisa Bonfa  
Brazil



Professor  
Ricard Cervera  
Spain



Professor  
Maria Dall'Era  
USA



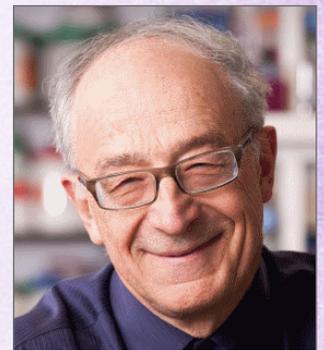
Professor  
Andrea Doria  
Italy



Professor  
Thomas Dörner  
Germany



Professor  
Richard Furie  
USA



Professor  
David Isenberg  
UK



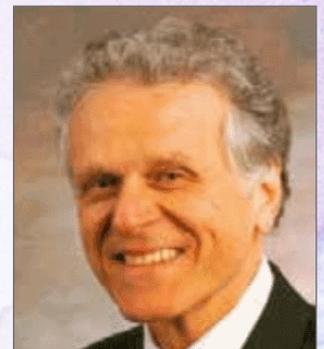
Professor  
Bernardo Pons-Estel  
Argentina



Professor  
Sandra Navarra  
Philippines



Professor  
Ronald van Vollenhoven  
The Netherlands

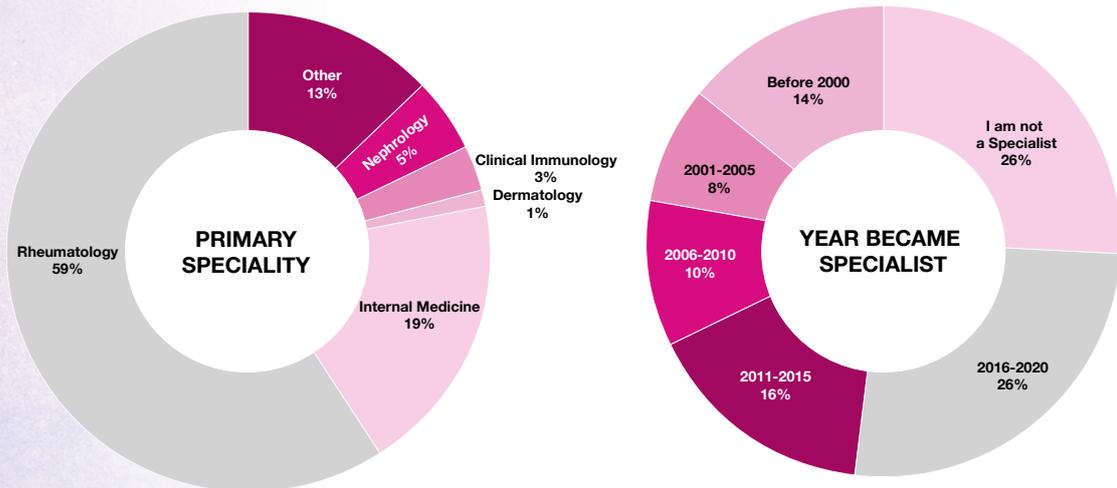
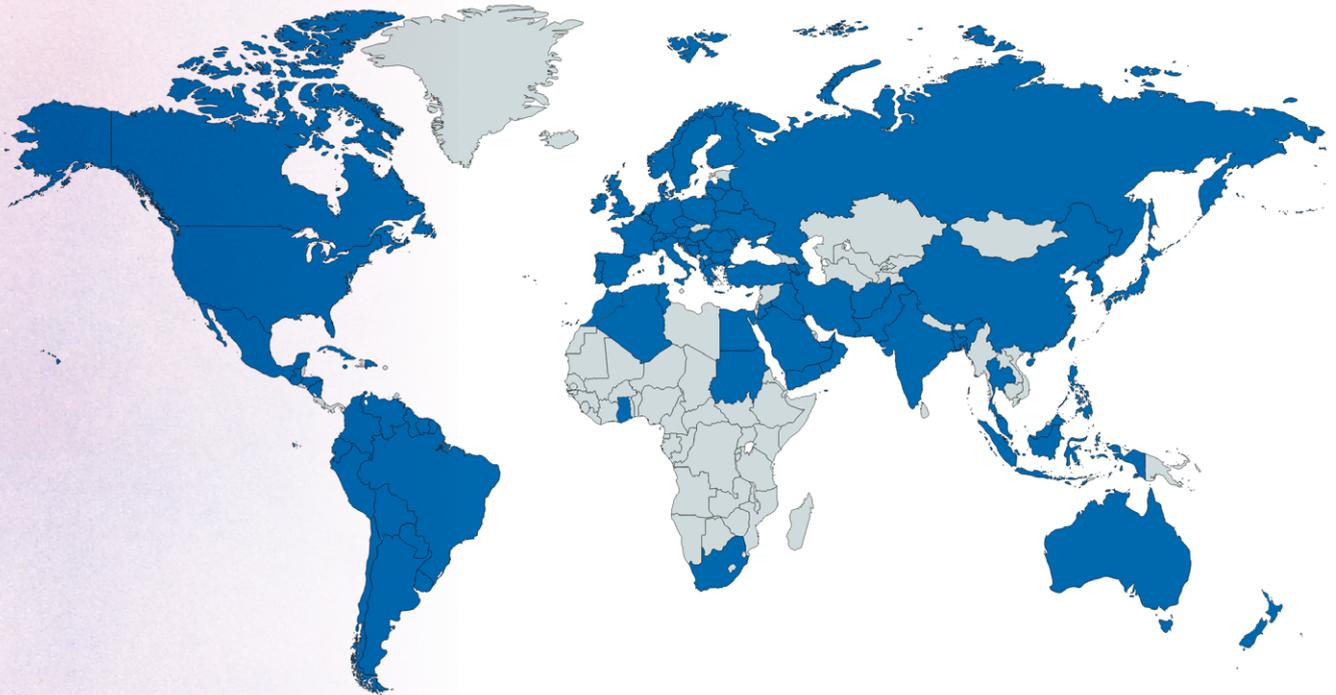


Professor  
Murray Urowitz  
Canada

## Lupus Academy: Learner Profile

The Lupus Academy has been providing accredited CME meetings and eLearning for more than 12 years. With 7000 learners from around the world, the Lupus Academy is committed to providing up-to-date and continuous education to those managing lupus in their daily practice.

**Figure. Lupus Academy's global community of 7000 physicians and scientists.**



In recent years the Lupus Academy has significantly expanded its educational offering and collaborations with like-minded partners, and has become a leading global provider of medical education in lupus. The Lupus Academy is currently developing its educational programme for 2023, including annual and regional meetings, expanding its online curriculum for its redeveloped eLearning platform, EULAR eLearning programme, peer-reviewed publications, posters, podcasts and webinars.



## Lupus Academy: Planned Activities (2023)

Recent and emerging developments in research and clinical practice are bringing new diagnostic and treatment strategies to patients afflicted by lupus. The Lupus Academy's 2023 educational programme will cover latest developments in lupus research, diagnosis and management through global and regional meetings, eLearning and continued development of enduring education materials hosted on the Lupus Academy's website. This 2023 educational programme will be offered with CME credit. The development of each of the following materials is dependent on provision of educational funding.

### 12th Annual Meeting: Barcelona (Spain)

The Lupus Academy is currently planning its 12th Annual Meeting programme, which will take place in Barcelona, Spain, 8-10th September 2023. The 12th Annual Meeting of the Lupus Academy will attract a target global audience of new and established specialists who treat patients with SLE.

### Hybrid Format

Our primary goal is to deliver the 2023 meeting as a hybrid meeting, comprising a face-to-face meeting in Barcelona with a virtual component, with online educational support materials, including a presentation 'catch-up' feature, so that remote learners can benefit from further sessions that took place in Barcelona. Faculty unable to travel will be incorporated remotely in the face-to-face meeting, where they can present and take part in discussions.

### 12th Annual Meeting Preliminary Programme

The 2023 Annual Meeting Preliminary Programme is being designed to cover the latest development in lupus, while encouraging as much learner engagement and interaction as possible. The hybrid format of the meeting will ensure an international audience benefits from the educational programme, alongside those attending the meeting in person. Lupus Academy has surveyed learners and chosen programme topics to address current educational needs in both the clinical management and scientific research around SLE. We will deliver presentations, a debate, posters, workshop, and a thieves market, with audience participation and discussion through both live and digital mediums. We will open registration for the meeting January 2023.

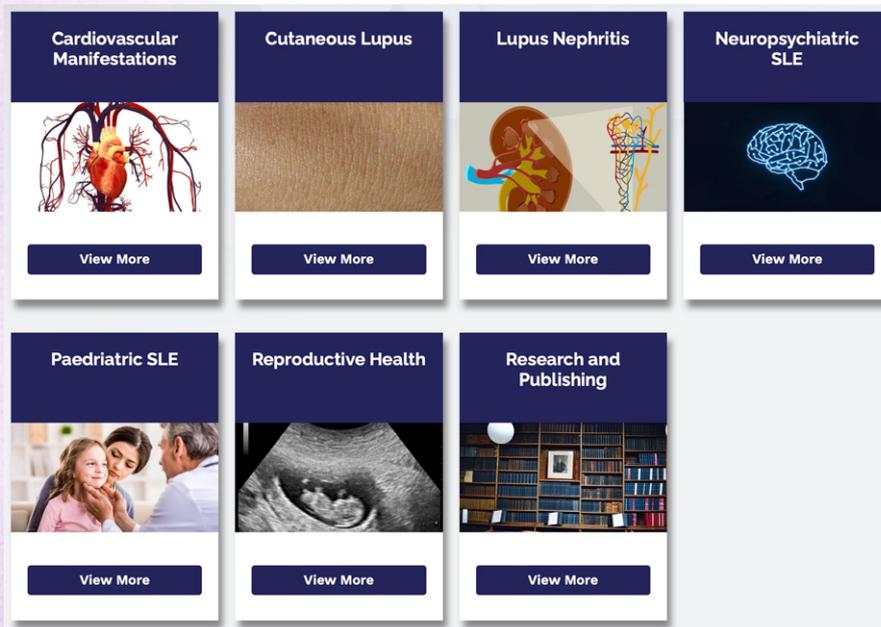
### Outline Programme Structure

Friday 8th September 2022: 13:00-18:00 (CET)	Saturday 9th September 2022: 09:00-18:00 (CET)	Sunday 10th September 2022: 09:30-13:30 (CET)
Keynote [Live Streamed] Debate Plenary Session Posters	Plenary Session Parallel Workshops Prime Time Session [Live Streamed] Thieves Market Parallel Workshops Poster Awards	Plenary Session Prime Time Session [Live Streamed] Roundtable Clinical Vignettes

## Lupus Academy Online Resources

### Lupus Online CME Resource

In 2021, we launched our online CME portal (LupusCME.org), which brought together current materials and new modules (based on annual meeting workshops) in one place as an evidence-based resource for physicians. In 2021, we launched our online CME portal (LupusCME.org), which brought together current materials and new modules (based on annual meeting workshops) in one place as an evidence-based resource for physicians. The modules cover several lupus manifestations, as well as some expert advice to support physicians get their research published. Each of the modules is certified for CME credit.



### EULAR eLearning Course on SLE

The Lupus Academy is proud to have developed a comprehensive and formal curriculum in SLE for EULAR, comprising 12 in-depth learning modules of lupus education. The course was launched in 2019 providing EULAR with the latest lupus education, the revised and updated 3rd edition is being launched in late 2022.

### Podcasts and Webinars

Over the next few months, until the Barcelona meeting in September, we will be creating a series of bimonthly Podcasts and Webinars to ensure Lupus Academy continues offering the latest research and clinical practice insights to its community members. Webinars will last 60 minutes, be presented live, and as a podcast. Webinars will be archived for enduring use. These will focus on a review and discussion of key communications in SLE from international meetings (e.g. EULAR, ACR etc.) with member of the Lupus Academy's Steering Committee discussing.

Podcast episodes will last 30 minutes and focus on hot topics and clinical cases as identified from learner feedback. They will be hosted by an upcoming expert in Lupus, and members of the Lupus Academy Steering Committee will be invited to answer key questions and discuss the podcast topic. Podcasts will last 30-45 minutes, depending on the subject matter.

### Presentation Library

Presentations from Lupus Academy meetings are recorded and made available to the Lupus Academy community. This repository of lupus education currently comprises over 100 presentations, which can be used for personal educational benefit, or as a resource to support the delivery of small team meetings for healthcare professionals.



## Poster Publications

Each year, Lupus Academy invites researchers to submit posters along with 2 minute audio presentations of the latest lupus research. These research-based poster publications are available to view on the Lupus Academy website.

## Lupus Academy Roadshows

Lupus Academy aims to support and drive content for a number of regional or roadshow meetings in collaboration with local institutes. We are planning meetings to take place in Europe, or globally (ex-US), designed to attract 100–150 physicians to each of these meetings. These live and virtual meetings will comprise one-day interactive programmes at a local university or hospital in close collaboration with local faculty with target audience of local medical professionals.<sup>3</sup> Lupus Academy regional meetings differ from roadshow meetings in that they are multiple day programmes and held at a meeting venue rather than an academic institute.

## Congress Report Series and Publications

Lupus Academy is keen to continue publishing articles and reports in the scholarly literature about its educational approaches. An early report on how Lupus Academy was established was published in the *Journal of European CME*.<sup>1</sup> Lupus Academy also presented a poster about its first 6 years at EULAR 2017 (17-2073).<sup>2</sup> The Lupus Academy's past two Annual Meetings have had the meeting abstracts published as a supplement in *Lupus Science & Medicine*.<sup>3,4</sup> In 2021, we created a publication detailing our recent experiences of the challenges faced as a provider of education during the COVID-19 pandemic.<sup>5</sup> Lupus Academy also creates congress reports, providing accessible summaries of the latest in lupus research presented at key congresses.

## Meeting Highlights Reports

Following each annual and regional meeting, the Lupus Academy develops fully referenced highlights reports detailing the key learning objectives and content from each of its plenary sessions. These reports provide comprehensive insights into key topics in lupus research and clinical practice, ensuring our members are kept up to date with education provided at each of its annual and regional meetings, whether they are able to attend the meeting or not.

## Communications

In addition to a regular presence on social media, the Lupus Academy aims to distribute regular newsletters to our community. We provide a continuous update on our global and regional educational activities, as well as disclose financial supporters and relevant news from our partners such as BMJ's *Lupus Science & Medicine*.

## Additional Online Activities

Case studies from Lupus Academy Annual Meeting Thieves Market Sessions will be developed into online courses to help physicians further develop clinical practice skills. Lupus Academy Webinars and Podcasts containing recorded panel discussions and presentations will be developed, addressing current challenges and education gaps in lupus, as well as exploring late breaking news.

## References

1. Ball J, Cervera R, Elzebroek N, Levy RA, Pozniak E. Developing an appropriately supported CME-accredited programme in Europe. *Journal of European CME* 2013;2(1):37–44.
2. Cervera R, Furie R, Amoura Z, Jacobson A, Pozniak, E. THU0584 Five years of experience with the lupus academy: an effective model for building a robust community of practice for geographically diverse learners *Ann Rheum Dis* 2017;76:426-427.
3. *Lupus Science & Medicine* Sep 2019, 6 (Suppl 2) Ai; DOI: 10.1136/lupus-2019-la.
4. *Lupus Science & Medicine* Sep 2020, 7 (Suppl 2) i; DOI: 10.1136/lupus-2020-la.
5. Ball J, Elzebroek N, Pozniak E. Lupus Academy: Keeping Education Live, Virtually, *Journal of European CME*, 2021 10:1, DOI: 10.1080/21614083.2021.2014041

## Continuing Medical Education

All Lupus Academy activities are initiated and developed by the Lupus Academy Steering Committee and invited faculty, independently of any financial supporters. Each activity is developed according to relevant CME standards and where appropriate submitted for accreditation to the respective CME accreditation authority.

It is possible to gain CME credit from all Lupus Academy educational activities. We secure the most appropriate CME credit for the audience of the activity. We work in Joint Providership with an ACCME accredited provider to offer *AMA PRA Category 1 Credit™* which are recognised globally. We also apply to the relevant national CME body for the Roadshows, as well as European CME bodies, whose credits are also recognised internationally.

## Contact Information

### Lupus Academy Foundation

For questions about the Lupus Academy in the first instance please contact Nicole Elzebroek:

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Become part of our community:

